

Wraps + PANINIS

Salad Wrap Choice of Chicken, Ham, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	7.00
Salad Turkish Choice of Chicken, Ham, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	7.00
Chicken Caesar Wrap (Poached Chicken, Bacon, Egg, Parmesan, Lettuce & Caesar Dressing)	7.00
Chicken Schnitzel Wrap (Bread Crumbed Chicken, Lettuce & Mayonnaise)	7.00
Chicken Mayonnaise, Tomato & Lettuce Sandwich Ham, Cheese & Tomato Sandwich Egg Mayonnaise & Lettuce Sandwich	6.00

THE Salad Bar

Poke Bowl (Choice of Chicken Schnitzel, Poached Asian Chicken, or Vegetarian with Sushi Rice, Avocado, Pickled Red Cabbage Baby Spinach, Carrot, Mayonnaise & Soy Sauce)	7.00
Chicken Caesar Salad (Poached Chicken, Bacon, Egg, Lettuce, Parmesan Croutons & Caesar Dressing)	7.00
Greek Salad (Feta, Tomato, Cucumber, Lettuce, Olives Spanish Onion & Balsamic Dressing)	7.00
Optional Chicken	1.00



CANTEN CATERING FOR THE CENTRAL COAST

BREAKFAST+ Snacks

Bacon & Egg Roll	7.00
Ham, Cheese & Tomato Toastie	6.00
Ham/Sweet Chilli Chicken/Tomato with Cheese Toastie	5.50
Chocolate Chip Muffin	5.00
Fruit Salad Pot/Watermelon Pot	5.00
Yoghurt Strawberry Pot	5.00
Banana Bread	4.50
Cinnamon Scroll	4.50
Cheese and Bacon Roll	4.00
Red Rock Chips (Honey Soy/Sea Salt/Sweet Chilli & Sour Cream)	3.50
Watermelon Slice	3.00
Popcorn	2.50
Chocolate Chip Cookie	1.50

DRINKS

Oak Flavoured Milk 600ml/300ml (Chocolate, Strawberry, Iced Coffee)	5.50/4.00
Gatorade (Grape, Watermelon, Blue Bolt)	5.50
The Juice Farm Juice 500ml (Apple, Orange, Lemonade, Orange Passionfruit, Orange & Mango, Apple & Blackcurrant)	5.00
Waterfords (Orange & Passionfruit, Lime, Watermelon)	5.00
Glee (Grape, Sour Watermelon, Tropical)	4.50
Up & Go (Chocolate /Vanilla)	4.00
Water 600ml /1.5L	3.00/4.50