

Wraps + PANINIS

Salad Wrap	7.00
Choice of Chicken, Ham, Tuna Mayo, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	
Chicken Caesar Wrap	7.00
(Poached Chicken, Bacon, Egg, Parmesan, Lettuce & Caesar Dressing)	
Chicken Schnitzel Wrap	7.00
(Bread Crumbed Chicken, Lettuce & Mayonnaise)	
Chicken Mayonnaise, Tomato & Lettuce Sandwich	6.00
Ham, Cheese & Tomato Sandwich Egg Mayonnaise & Lettuce Sandwich	

THE Salad Bar

Poke Bowl	7.00
(Choice of Chicken Schnitzel, Poached Asian Chicken, or Vegetarian with Sushi Rice, Avocado, Pickled Red Cabbage Baby Spinach, Carrot, Mayonnaise & Soy Sauce)	
Chicken Caesar Salad	7.00
(Poached Chicken, Bacon, Egg, Lettuce, Parmesan Croutons & Caesar Dressing)	
Greek Salad	7.00
(Feta, Tomato, Cucumber, Lettuce, Olives Spanish Onion & Balsamic Dressing)	
Optional Chicken	1.00



CANTEN CATERING FOR THE CENTRAL COAST

BREAKFAST+ Snacks

Bacon & Egg Roll	7.00
Ham, Cheese & Tomato Toastie	6.00
Ham/Sweet Chilli Chicken/Tomato with Cheese Toastie	5.50
Chocolate Chip Muffin	5.00
Fruit Salad Pot/ Yoghurt Strawberry Pot	5.00
Individual Fruit Pots (Watermelon, Rockmelon)	5.00
Doughnuts	4.50
Banana Bread	4.50
Cinnamon Scroll	4.00
Cheese and Bacon Roll	4.00
Red Rock Chips	3.50
Watermelon Slice	3.00
Popcorn	2.50
Chocolate Chip Cookie	1.50

DRINKS

Oak Flavoured Milk 600ml/300ml (Chocolate, Strawberry, Iced Coffee)	5.50/4.00
Gatorade (Grape, Watermelon, Blue Bolt)	5.50
Liptons Iced Tea (Peach, Mango, Raspberry)	5.50
Chilli Aloe (Watermelon, Grape)	5.50
The Juice Farm Juice 500ml (Apple, Orange, Lemonade, Orange Passionfruit, Orange & Mango, Apple & Blackcurrant)	5.00
Waterfords (Orange & Passionfruit, Lime, Watermelon)	5.00
Glee (Grape, Sour Watermelon, Tropical, Raspberry)	4.50
Up & Go (Chocolate /Vanilla)	4.00
Water 600ml /1.5L	3.00/4.50