



Year 7 Crosslands Reserve Camp

Wednesday 2nd to Friday 4th November 2022



LOCATION: Crosslands Reserve, Hornsby Heights NSW 2077

TRANSPORT: Students will be travelling by coach to Crosslands Reserve. Boys should arrive at the College for normal school time on Wednesday 2 November. Please ensure you limit belongings to **one bag** and a daypack + pillow.

Buses will arrive back at the College on Friday 4 November in time for normal buses. Any changes to times will be provided via the College App and Facebook page.

ACCOMMODATION: Students will be staying in tents that are provided by Australian Outdoor Education.

WEATHER: The weather and temperature can be cold. Therefore, adequate clothing and sleeping bags are essential (see equipment list).

MEDICATION: All medication must be handed in to Mrs Englund on arrival at the College in a clearly labelled bag (details of dosage and frequency must be provided in the consent form). Separate written permission must be provided indicating that your son can self-administer his medication without supervision. *No student is to have any medication without notification.*

ACTIVITY PROGRAM MAY INCLUDE:

- Canoeing
- Abseiling
- Rock climbing
- Archery
- Stand up paddle boarding
- Hiking
- Team initiatives
- Mountain Biking
- Flying Fox
- High ropes

Students are expected to follow College and Camp rules. If any student breaks these rules and puts themselves or others at risk, their parent or carer may be contacted, and arrangements will then be made for the student to be collected from camp if it is deemed necessary.

CONTACT DETAILS

For the duration of the camp, Mrs Englund can be contacted in **EMERGENCIES ONLY** on **0455 344 197**.

If for any reason your son is unable to attend the Camp, you will need contact and discuss this with Mrs Englund.

[PLEASE CLICK HERE TO COMPLETE CAMP CONSENT FORM AND MEDICAL INFORMATION](#)

It is appreciated if you could complete the above consent form ASAP. Do not hesitate to contact the College if you have any questions, or if your son's medical condition changes after you have submitted the consent form.

Yours sincerely,

Mrs Heidi Englund
Year 7 Pastoral Leader

henglund@stedwards.nsw.edu.au

COVID-19 SAFETY PROTOCOLS

A thorough risk assessment has been conducted on this event. Great consideration has been given to implementing all the necessary [Current COVID-19 Rules and Guidelines](#)

If a student has any signs and symptoms of COVID-19 including fever, cough, sore throat, shortness of breath, runny nose, loss of smell/taste, muscle/joint pains, diarrhea, nausea/vomiting, extreme tiredness, unexplained chest pain or conjunctivitis (eye infection) he is not to attend the event. Parents are asked to notify the College of their son's absence via phone or email.

[If a student tests positive, parents are required to notify the College via this link, also available on the College website](#)

If a student presents at school or the venue with signs and symptoms, he will not be permitted to attend the day and parents will be contacted to collect him. Similarly, if a student develops signs and symptoms while attending the excursion, families will be contacted to make arrangements for him to return home.

STUDENT EQUIPMENT LIST

ITEM	QUANTITY	CHECK & LABELLED
Clothing		
Beanie	1	
Jacket/Jumper	2	
Long pants	1	
Shirts	3	
Shoes (good walking shoes)	1 pair	
River/Water Shoes (enclosed, no thongs or slides)	1 pair	
Thongs (for shower)	1 pair	
Shorts	2 pairs	
Socks	3 pairs	
Tracksuit	1	
Underwear	3 sets	
Swimmers	1	
Wet Weather Gear	Essential	
Hat	1	
Utensils – You will need these as there will not be spares at camp		
Bowl	1	
Cutlery	1 set	
Mug	1	
Plate	1	
Tea towel	1	
Carry bag - a shopping bag is perfect	1	
Bedding		
Pillow	1	
Sleeping bag	1	
Fitted Sheet	1	
Blanket (optional)		

Other		
Toiletries (body wash, toothbrush, toothpaste deodorant: no spray-on)		
Water Bottle – <i>must have a refillable bottle</i>	1	
Large Plastic bags for wet/dirty clothes	3	
Sunscreen	1	
Head Torch or Torch	1	
Towel	2	
Insect Repellent	1	
Day Bag	1	

Exclusions:

- Valuable items eg. watches, jewellery etc. No responsibility will be taken for damaged or lost personal devices.
- **DO NOT make calls without informing a teacher. The Colleges mobile phone policy will apply whilst students are on camp.**