



LEARNING FROM HOME STUDENT GUIDE

DAILY REQUIREMENTS

- Follow your usual hygiene routine, shower, brush teeth, deodorant.
- Check email and portal daily and make sure you set reminders for any live classroom lessons.



SUITABLE WORKSPACE

- Your learning space should be tidy, comfortable and as quiet as possible
- Use a desk or table to help stay focused and organised
- Use your workspace for live lessons don't walk around.

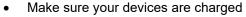


DRESS APPROPRIATELY

- You do not have to wear your uniform but dress in neat, appropriate casual clothes
- Do not wear pyjamas
- Make sure your clothes are appropriate for a live lesson

ORGANISATION

- Wake up with enough time to prepare for your first class
- Be prepared. Make sure have what you need for your lessons. Stationary etc



Use headphones during a live lesson.



ETIQUETTE

- All College policies and normal expectations of behaviour still apply
- Be polite and respectful to your teacher and classmates
- Mute your microphone until required
- Turn your phone to silent
- Be aware of the people around you and who may walk into the view of a live lesson.



WORK ETHICS AND VALUES

- Complete tasks to the best of your ability and with integrity and academic honesty
- Submit work on time
- Comply with the College Assessment and ICT policies



HEALTH

- Take regular breaks and include other family members when you have break times.
- Eat regularly healthy meals with your family
- Maintain good exercise habits even if indoors and good posture while working.
- Only use technology for learnings tasks during learning times.



COMMUNICATION

- Only use approved College platforms to contact your teachers e.g. College email, Canvas, Teams
- Collaborate and support each other
- Be proactive and inform your teachers if you cannot meet deadlines or need support



WELLBEING SUPPORT: Look for this page on your Canvas Dashboard or contact your Pastortal Leader.



