











# LEARNING FROM HOME STUDENT GUIDE

<p><b>DAILY REQUIREMENTS</b></p> <ul style="list-style-type: none"> <li>Follow your usual hygiene routine, shower, brush teeth, deodorant.</li> <li>Check email and portal daily and make sure you set reminders for any live classroom lessons.</li> </ul> 	<p><b>SUITABLE WORKSPACE</b></p> <ul style="list-style-type: none"> <li>Your learning space should be tidy, comfortable and as quiet as possible</li> <li>Use a desk or table to help stay focused and organised</li> <li>Use your workspace for live lessons don't walk around.</li> </ul> 
<p><b>DRESS APPROPRIATELY</b></p> <ul style="list-style-type: none"> <li>You do not have to wear your uniform but dress in neat, appropriate casual clothes</li> <li>Do not wear pyjamas</li> <li>Make sure your clothes are appropriate for a live lesson</li> </ul> 	<p><b>ORGANISATION</b></p> <ul style="list-style-type: none"> <li>Wake up with enough time to prepare for your first class</li> <li>Be prepared. Make sure have what you need for your lessons. Stationary etc</li> <li>Make sure your devices are charged</li> <li>Use headphones during a live lesson.</li> </ul> 
<p><b>ETIQUETTE</b></p> <ul style="list-style-type: none"> <li>All College policies and normal expectations of behaviour still apply</li> <li>Be polite and respectful to your teacher and classmates</li> <li>Mute your microphone until required</li> <li>Turn your phone to silent</li> <li>Be aware of the people around you and who may walk into the view of a live lesson.</li> </ul> 	<p><b>WORK ETHICS AND VALUES</b></p> <ul style="list-style-type: none"> <li>Complete tasks to the best of your ability and with integrity and academic honesty</li> <li>Submit work on time</li> <li>Comply with the College Assessment and ICT policies</li> </ul> 
<p><b>HEALTH</b></p> <ul style="list-style-type: none"> <li>Take regular breaks and include other family members when you have break times.</li> <li>Eat regularly healthy meals with your family</li> <li>Maintain good exercise habits even if indoors and good posture while working.</li> <li>Only use technology for learnings tasks during learning times.</li> </ul> 	<p><b>COMMUNICATION</b></p> <ul style="list-style-type: none"> <li>Only use approved College platforms to contact your teachers e.g. College email, Canvas, Teams</li> <li>Collaborate and support each other</li> <li>Be proactive and inform your teachers if you cannot meet deadlines or need support</li> </ul> 
<p><b>WELLBEING SUPPORT:</b> Look for this page on your Canvas Dashboard or contact your Pastoral Leader.</p>	