

# Upcoming Webinar for Parents

This school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents in this school community can attend some fantastic webinars in 2020 at no cost. We're pleased to let you know about an upcoming webinar.

**Teaching young people about healthy relationships: 9 Sep 8-9pm AEST**



 Watch from any device, any location

 See the expert as they speak

 Catch up recording available

**Valued at  
\$37 per person**

## Webinar Overview

In a world where young people are bombarded by adult themes, sexualised and destructive media messages, it can be hard for parents to feel confident to take on delicate topics with their child. In this webinar Collett Smart gives parents the tools to build a strong relationship with their child where no topic is off-limits and they can come to them with any questions.

Key learning and discussion points include:

- The foundations of healthy relationships and relationship intelligence
- How to help a child develop flourishing relationships at each age and stage of their development
- Appropriate age guidelines for talking about body safety, sex and sexualised media
- How to respond when a child comes across pornography
- Conversation ideas on consent and respectful relationships

## Presenter Overview

Collett Smart is a psychologist, qualified teacher and author of *'They'll be OK: 15 Conversations To Help Your Child Through Troubled Times'*. She has more than 20 years' experience working in private and public schools, as well as in private practice.



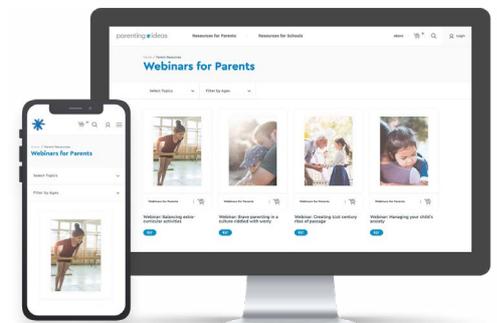
Collett appears regularly on national television and radio, as an expert in teen and family issues. Collett has taught and delivered psychology workshops and seminars around the world. She is an Ambassador for International Justice Mission Australia and is mum to 3 children.

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This offer is valid until 9 December 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.

## Articles for Parents

On the Parenting Ideas website you can also view and receive helpful articles to support your parenting journey.

Read up on topics such as:

- Resilience
- Siblings
- Bullying
- Positive Parenting
- Digital and Social Media
- Behaviour
- Confidence
- Friendships
- Anxiety
- Girls
- Boys
- Learning and Education



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