



## Breakfast

Fruit Salad Pot	4.00
Yoghurt, Strawberry Coulis and Granola Pots	3.50
Banana Bread	3.00
Up & Go (Chocolate / Vanilla / Strawberry)	3.00
Ham and Cheese Toasted Wrap	3.00
Cheese and Bacon Roll	2.50
Cheese and Vegemite Scrolls	2.50
Watermelon Slice	1.00
Apple	1.00

## Snacks

Red Rock Chips (Sea Salt & Honey Soy)	2.00
Grainwaves (Sour Cream & Chive) and JJ's	2.00
Ham & Cheese Toasted Wrap	3.00
Chicken & Cheese Toasted Wrap	3.00
Tandoori Chicken & Cheese Toasted Wrap	3.00
Cheese, Ham & Tomato Toastie	3.00
Cheese & Ham Toastie	3.00
Popcorn	1.50
Cookie of the Day	1.00

## Sushi and Wraps

Wrap	5.00
Choice of Cheese, Egg Mayo, Tuna Mayo, Ham or Chicken, all served with Tomato, Cucumber, Lettuce and Grated Carrot	
Chicken Caesar Wrap	5.50
(Chicken, Cheese, Lettuce and Caesar Dressing)	
Big Crunch Sushi Hand Roll	4.00
(Teriyaki Chicken / Tuna / Vegetarian)	

## Every Day Hot Food

Beef and Cheese Nachos with Sour Cream and Salsa	6.00
Minced Beef Pie	5.00
Meat and Mashed Potato Pie	5.00
Sausage Rolls	4.00
Potato Wedges with Sweet Chili Sauce & Sour Cream	5.00
Noodle Cup	3.00
Garlic Bread	2.50

## Drinks

East Coast Juice 500ml	4.50
(Apple, Lemonade, Orange & Mango, Orange & Passionfruit)	
East Coast Juice 300ml	3.50
(Apple, Lemonade, Orange & Mango, Orange & Passionfruit)	
Milkshakes / Slushies	3.50 / 2.00
Norco Chocolate / Strawberry Milk 500ml	4.50
Norco Chocolate / Strawberry Milk 300ml	3.00
Water 600ml / 1L	2.00 / 3.00
Kombucha	4.00
Juice Bombs	4.00
(Grape, Lemonade, Cola, Raspberry, Apple & Blackcurrant)	

## Frozen Items

Twisted Frozen Yogurt	3.50
(Strawberry, Chocolate or Mango/Watermelon)	
Paddle Pop (Chocolate & Rainbow)	3.00
Icy Twist	2.00
Snap Stix	1.50
TNT	1.00